



# The Ambassador

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We are the Ambassadors for Christ – 2 Corinthians 5:20

Asbury United Methodist Church  
2492 Andover Road, Cinnaminson, NJ 08077-3511  
Rev. John W. Doll, Pastor

“We exist to be part of the kingdom of God in our Lord and Savior Jesus Christ.” We will be dedicated to personal growth through Jesus Christ and to reaching out to others in Christian love.

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## Summer Time - Time for Growth -

Emerging ([www.dailyword.com](http://www.dailyword.com) 3/14/14)

Life Emerges from within in perfect order. On the branch of a cherry tree, swelling buds are ready to burst into blossom in perfect order. In much the same way, I am growing and emerging into what I am created to be. I am filled with life and great expectations!

Each life experience is an occasion for me to learn and grow, to discover that which is within me, ready to bloom. With gratitude, I bless the countless opportunities I have to grow in health, relationships, and spiritual awareness and to express myself more fully and complete. Through me, God's perfect order finds expression.

I listen carefully to my inner voice of wisdom and embrace each new opportunity as it unfolds in perfect divine order.

*For God alone my soul waits in silence, for my hope is from him. – Psalm 62:5*



Sunday Morning Worship  
9:30 AM  
Church Telephone:  
(856) 829-3801  
Fax: (856) 829-9060  
Website: [www.myasburyumc.com](http://www.myasburyumc.com)





Dear Members and Friends,

June 2014

“The Bible says, *Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.* (1 Corinthians 13:7 NLT) It is love – not fear, not guilt, and not peer pressure – that causes us to keep going when we feel like giving up.

The Bible also tells us that lasting change begins with committing your body to God. Romans 12:1-2 says, “...give your bodies to God... let them be a living and holy sacrifice – the kind he will find acceptable. This is truly the way to worship him. Don’t copy the behavior and customs of this world, but **let God transform you into a new person by changing the way you think.**” (NLT, emphasis added).<sup>(1)</sup>

I participated in The Daniel Plan, 40 Days to a Healthier Life small group Bible study here at Asbury. I learned how important God is in our lives and wanted to share with you how those 40 days has blessed me as we learned about the five essential of the plan.

- **Faith** – nurturing your soul. By beginning with a prayer, we relied on God to guide us during this new focus on a healthy lifestyle. When you rely on God’s power, you have unlocked the key to lasting change.
- **Food** – enjoying God’s abundance. We enjoyed a variety of Daniel Plan recommended foods and recipes. We talked about what foods we liked and disliked. God truly made some interesting foods for us to try and enjoy. But it was not all about the food.
- **Fitness** – strengthening your body. We learned simple exercises to start us moving our bodies to gain better strength and mobility. Reaching our hands up to the sky and praising God, bending low to say a prayer of thanks. Even in exercise we can bless God.
- **Focus** – renewing your mind. We learned to focus on positive thoughts and freeing ourselves of negativity. One small step can lead to big results.
- **Friends** – encouraging one another. We made new friends and felt the power of friendship and support. We felt encouragement as we struggle to change unhealthy habits and learn to adjust our lifestyle to new healthy ones.

When you learn to rely on God’s power, you unlock the key to lasting change. Spiritual well-being gives you a strong foundation for creating healthy habits and perspectives in every area of your life. My prayers go out to everyone this summer to begin living a healthier life. It really does take all 5 Daniel Plan Essentials: Faith, Food, Fitness, Focus and Friends to experience the transformation God desires for your life.

Your sister in Christ,

*Mary C. Soderholm*

<sup>(1)</sup> Taken from *The Daniel Plan, 40 Days to a Healthier Life*

Pastor John is currently on spiritual renewal leave. Please keep him in your thoughts and prayers. We look forward to his return in August with renewed strength and guidance from our Lord Jesus Christ. During Pastor John’s spiritual renewal leave, please contact the church office (856-829-3801), Diane McGough (856-786-1198) or Susan Stoneback (609-332-8210) for assistance with any pastoral needs.

## Congratulations



*Children are a gift from the Lord; they are a reward from Him. Psalm 127:3*

*Cady Addison Blinsinger*

6/17/14 5 lb 14 oz and 19 1/2 inches long.

Proud Parents Kim and Howard Blinsinger

Proud Grandparents Nancy and Ken Morton

## Asbury 2014 Graduates

Asbury honors the children of members or children who attend regularly. Graduation is an exciting time—a time of beginnings and endings; a time to look at past memories and to look ahead at dreams. We are privileged to have three graduates this year.



Cinnaminson Middle School

*Michael Graff*

*Christopher Jankowski*

Richard Stockton College

*Jennifer Graff*

Congratulations to all from your Asbury Family.

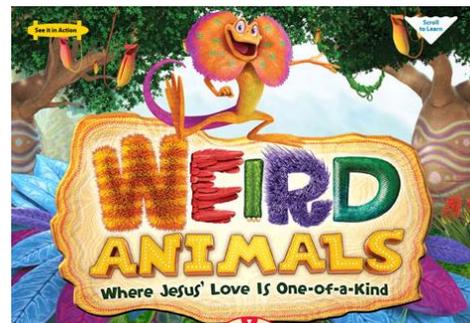
## VBS Welcome to Weird Animals: Where Jesus' love is one-of-a-kind!

It's time to register for Asbury VBS 2014! 9 AM until noon, Monday Aug 18th thru Friday 22nd, 2014. Registration deadline is August 1st. Children ages 4 through 6th grade (entering) may register by visiting our website at [www.myasburyumc.com](http://www.myasburyumc.com).

Kids love crazy, weird animals...the weirder the better. So we searched the globe for the most special, unique, rare, never-before-seen animals we could find to help kids discover what Jesus one-of-a-kind love means in their lives. Join this zoo crew—register to be a part of Weird Animals VBS.

Each day, kids participate in small groups, called Zoo Crews, and discover what Jesus' endless love means in their lives! Not only will they experience wild Bible adventures but they'll also watch for God in everyday life through something called God Sightings™. You and your kids will discover that God is active in our lives and that his fingerprints are everywhere!

Weird Animals is filled with unforgettable Bible-learning experiences kids will see, hear, touch, and even taste! All-new KidVid Cinema shares real stories of real kids who rely on Jesus' love to face life's challenges! Plus, team-building games, cool Bible songs, and tasty treats keep everyone on the move.



## VBS Volunteers Needed!

VBS is successful due to the hard work of many great volunteers. We need YOU to help make our program a success. Whether you can volunteer for the entire program, or just an hour, we have a spot where you can help. For more information, or to volunteer, please contact Rebecca Minnix at 856-786-3940.

## **VBS Family Fun Night and Parent's and Grandparent's Night**

Mark your calendar for VBS Family Fun Night, Tuesday, August 19th. Bring the family for fun, food, and fellowship. Also, don't miss Parent's and Grandparent's Night on Thursday, August 21st. This is a very exciting night where the children get to share what they have learned all week at VBS. See you this summer!



### **GNJ Annual Conference Report 2014 by Jim Gleason**

What a blessing it was to sit in as our elected Asbury alternate for delegate Susan Stoneback. This was my first experience participating in the Greater New

Jersey Annual Conference. While meetings of this nature can be seen as big and boring, I was pleasantly surprised that this one was so engaging and well run. I had the advantage of sharing the experience with Pastor John who made it special by adding insight and loving friendship.

While there are many highlights to report, the first and most important is that John Doll has been re-assigned to Asbury for the coming year, going on to his 23<sup>rd</sup> year of service at Asbury. As I watched the long ceremonial procession of reassigned clergy - guessing that to be about a third of the conference's over 600 churches - we are truly blessed with this news. John is doing well on his current revitalization leave and looking forward to returning to the pulpit August 1<sup>st</sup> as the unofficial beginning of our Asbury church year with VBS, the community Fun Night and all the things that follow after Summer vacations.

Our Bishop Schol is an amazing spiritual leader, both with exciting and engaging sermons and with his skills in running an efficient meeting. Everyone was able to participate, to get things done and to keep to a challenging schedule. He was everywhere, talking with people, listening and having what seemed to be a fun time despite all his responsibilities. He even volunteered for the "Splash Tank" where people paid \$10 to throw at a target to dunk him with a bucket of water, raising \$3,800 for 'A Future with Hope' fund. In another fund raiser, Asbury contributed over \$700 that resulted in an overall awesome \$126,000 being raised for the mission fund campaign.

There were many other 'good news' announcements at the conference including a record breaking attendance of over 1,500, an increase of vital congregations from 14% to 31%, more than 40% of churches are growing in worship attendance, 14,500 participated in mission, 10% more young adults are participating in small groups, all very positive signs to celebrate. A final highlight for me was the ordination and commissioning service with a formal procession in full pastoral white robes of the hundreds of clergy that serve our churches in this conference - it was truly a blessed experience.

### **The Daniel Plan**

Asbury had a very successful 6 week small group Bible study. Over two-thirds, who started, completed The Daniel Plan. We had Asbury and other church members attend (30 registered and 20 continued to the end.) Pastor John says that is a record for a small group week night Bible study.

While not intended as a diet plan, but rather focused on developing faith based healthy

living habits, several people reported losing more than 10 pounds, dropping blood pressure, sleeping better and improved self-image as smaller size clothes now fit and energy levels increased.

This study resulted in similar Daniel Plan series being launched in the Haddonfield and Epworth churches. Thank you, Pam Gleason, for leading us in this study. Stay tuned for a repeat of The Daniel Plan at a future date at Asbury UMC.



## Parsonage

*It pays to plan ahead. It wasn't raining when Noah built the ark. – Anonymous*

“It’s almost happening.” The planning for the new parsonage is progressing. Due to numerous structural and health issues (extensive mold) with the current parsonage, plans are to demolish the existing structure and replace. The Minerva design plan has been selected. This is a ranch style modular home with 4 bedrooms, 2 1/2 baths, and a 2 car garage. Submission to the District Council of Churches has been approved. A Church Conference is scheduled for early July to present the house, floor plan and proposed financials to our congregation for approval.

Extensive research, planning and praying has gone into this decision. Considerations for

Pastor John (and his family) along with future Pastors has been taken into account. Our parsonage is an extension of our Church and reflects the level of commitment to all those who pass through the doors of Asbury United Methodist church. We pray this new parsonage will be a blessing not just for Pastor John and his family but for many Pastors to come. If you have any questions regarding the parsonage improvement or would like to see the plans please speak with Jim Hartshorne or JC Hoffmeier.

*When Satan is knocking at your door, simply say: "Jesus, could you get that for me?"*

## Garden Meditation



*Let us give thanks for a bounty of people.*

*For children who are our second planting, and though they grow like weeds and the wind too soon blows them away, may they forgive us our cultivation and fondly remember where their roots are.*

*Let us give thanks:*

*For generous friends...with hearts...and smiles as bright as their blossoms;*

*For feisty friends, as tart as apples;*

*For continuous friends, who like scallions and cucumbers, keep reminding us that we've had them;*

*For crotchety friends, sour as rhubarb and as indestructible;*

*For handsome friends, who are as gorgeous as eggplants and as elegant as a row of corn, and the others as plain as potatoes and so good for you;*

*For funny friends, who are as silly as Brussels sprouts and as amusing as Jerusalem artichokes;*

*And serious friends as unpretentious as cabbages, as subtle as summer squash, as persistent as parsley, as delightful as dill, as endless as zucchini, and who, like parsnips, can be counted on to see you through the winter;*

*For old friends, nodding like sunflowers in the evening time and young friends coming on as fast as radishes;*

*For loving friends, who wind around us like tendrils and hold us, despite our blights, wilts, and witherings;*

*And finally, for those friends now gone, like gardens past that have been harvested, but who fed us in their times that we might have life thereafter.*

*For all these, we give thanks.*

*By Rev. Max Coots*



## Why Go To Church?

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. "I've gone for 30 years now," he wrote, "and in that time I have heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting theirs by giving sermons at all."

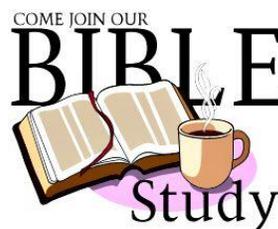
This started a real controversy in the "Letters to the Editor" column, much to the delight of the

editor. It went on for weeks until someone wrote this clincher:

"I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this. They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!" When you are DOWN to nothing..... God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical AND our spiritual nourishment!

## Adult Bible Study – Take a fresh look at Church

Join us for a 4 week "Understanding why we do church" Adult Bible Study June 29 - July 20, 2014 (you do not need to attend all sessions to participate) after Sunday services at 11:00 AM in the Parlor.



Have you asked yourself?

- Is my worship real?
- Is my worship spiritual?
- Is my attendance a priority?
- Do I need others in the church?
- Am I attending in the body of Christ?
- Do I make church appealing to visitors?
- Do I invite others to be a part of church?
- What is my spirit in support of the church?

## Asbury UMM Yard Sale Needs your 'gifts'

Our annual Asbury United Methodist Men's Yard Sale is scheduled for Saturday, September 27 - now is the time to start putting aside those treasures too good to get rid of and of no use to your own family. Turn them into gifts for the annual yard sale where we will bless others who can put them to good use again and in the purchasing process help our church with needed funds.



## Asbury Easter Egg Program

THANK YOU to all the makers and sellers for another successful year for the Asbury Egg Program. *Our production total this year was over 56 thousand!!!* Our commercial accounts had another banner year. We list them here so you know who they are. Please patronize them when possible, we couldn't have done it without their support. Thank you and God Bless!

- Carousel Hair Salon, Delran
- Cindy's Hairstyling, Riverside
- Delanco Bank, Cinnaminson
- Delanco Bank, Delanco
- Farm Fresh Market, Delanco
- Georgetti's Market, Cinnaminson
- Habitat for Humanity, Pennsauken
- Meadowbrook Food Center, Pennsauken
- Moorestown Hardware, Moorestown

- Nicholas Hairdressing, Cinnaminson
- Primo Hoagies, Cinnaminson
- Rogers News, Palmyra
- Rosvold Pharmacy, Cinnaminson
- Schwerings Hardware, Palmyra
- Vid's Deli, Delran
- Whistlers Inn, Cinnaminson



## Arlington Cemetery – Tomb of the Unknown Soldier

1. How many steps does the guard take during his walk across the tomb of the Unknowns and why? *21 steps: It alludes to the twenty-one gun salute which is the highest honor given any military or foreign dignitary.*
2. How long does he hesitate after his about face to begin his return walk and why? *21 seconds for the same reason as answer number 1*
3. Why are his gloves wet? *His gloves are moistened to prevent his losing his grip on the rifle.*
4. Does he carry his rifle on the same shoulder all the time and, if not, why not? *He carries the rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder.*
5. How often are the guards changed? *Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.*
6. What are the physical traits of the guard limited to? *For a person to apply for guard duty*

*at the tomb he must be between 5' 10' and 6' 2' tall and his waist size cannot exceed 30.*

*They must commit 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives. They cannot swear in public for the rest of their lives and cannot disgrace the uniform or the tomb in any way.*

*After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules for the rest of their lives or give up the wreath pin.*

*The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt. There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full-length mirror.*

*The first six months of duty a guard cannot talk to anyone nor watch TV. All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred. Among the notables are: President Taft, Joe Lewis {the boxer}, Medal of Honor winner Audie L. Murphy, the most decorated soldier of WWII and of Hollywood fame. Every guard spends five hours a day getting his uniforms ready for guard duty.*

In 2003 as Hurricane Isabelle was approaching Washington, DC, our US Senate/House took 2 days off with anticipation of the storm. On the ABC evening news, it was reported that because of the dangers from the hurricane, the

military members assigned the duty of guarding the Tomb of the Unknown Soldier were given permission to suspend the assignment. They respectfully declined the offer, "No way, Sir!" Soaked to the skin, marching in the pelting rain of a tropical storm, they said that guarding the Tomb was not just an assignment; it was the highest honor that can be afforded to a service person. The tomb has been patrolled continuously, 24/7, since 1930.

We're proud of our men and women who have served, who do serve and who will serve no matter where they may be. God Bless and keep them.



Our apologies if any of the information in this newsletter is incorrect. Please inform Mary Soderholm (856-829-0035) of any corrections, additions, and/or deletions. Thank you.

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The Ambassador is a periodic inspirational and informational publication of  
**Asbury United Methodist Church.**  
Coordinator: Mary Soderholm  
Contributors: Asbury Congregation  
Production: Tracy Foedisch



**Caring Center** - When we are weary in life's struggles, find strength in the Lord.

Members and friends of our church who especially need to be in our thoughts and prayers are listed below. Please take the time to stop by, send a note or say an extra prayer for our brothers and sisters who are in need at this time.

Jesus said, "Come to me, all who are weary and burdened, and I will give you rest." - Mathew 11:28

Gladys Bennett  
1407 Riverton Road  
Cinnaminson, NJ 08077

Naomi Horn  
1316 Garfield Avenue  
Cinnaminson, NJ 08077

Ruth Streckenbein  
Collingswood Manor  
460 Haddon Avenue  
Collingswood, NJ 08108

Iretta Clark-Cooker  
506 Delanco Road  
Beverly, NJ 08010

Marion Lippincott  
8306 Stow Road  
Delair, NJ 08110

Marie Tuono  
607 Sweetwater Drive  
Cinnaminson, NJ 08077

Bunny Flynn  
915 Koala Lane  
Mt. Laurel, NJ 08054

Ryan Morton  
712 Baylor Avenue  
Delran, NJ 08075

Mary Unland  
Brandywine Senior Living  
Suite 262  
1205 Church Street  
Moorestown, NJ 08057

Ted Hansen  
248 Hooker Avenue  
Riverside, NJ 08075

Elsie Reed  
Riverview Estates  
303 Bank Ave.  
Riverton, NJ 08077-3544

Helen van Ness  
5Q5  
275 Green Street  
Beverly, NJ 08010

Joan Hardie  
408 Brigham Court  
Cinnaminson, NJ 08077

Joan Sobota  
2714 Branch Pike  
Cinnaminson, NJ 08077

Rich Hatley  
317 Moonseed Place  
Mt. Laurel, NJ 08054

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*Surviving our struggles is a testimony to God's grace.*

*This is the day that the Lord has made, let us rejoice and be glad in it – Psalm 118:24*



### ***In Christian Sympathy***

May the souls of the faithful departed in Christ rest in peace and may light perpetually shine on them. We place our loved ones in the arms of Jesus and we celebrate fond memories of their lives.

*Evelyn Armshire 5/23/2014*

*Beloved mother and mother-in-law of Ellen and Bob Moss*

*Beloved Grandmother of Jacqui and Chris Sztenderowicz*

*Theron Grubb 6/24/14*

*Beloved husband of Sharon Grubb*

*Beloved father and father-in-law of Wyndee and Matt Davies*

Don't grieve for me; for now I'm free I'm following the path God laid for me. I took His hand when I heard him call I turned my back and left it all. Be not burdened with times of sorrow I wish you the sunshine of tomorrow. My life's been full; I savored much good friends, good times, a loved one's touch. Perhaps my time seemed all too brief, don't lengthen it now with undue grief. Lift up your heart and share with me, God wanted me now, he set me free.

*Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.—1 Thessalonians 5:16-18*

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### **What a Wonderful Way to Explain It – Author unknown**

A sick man turned to his doctor as he was preparing to leave the examination room and said, "Doctor, I am afraid to die. Tell me what lies on the other side."

Very quietly, the doctor said, "I don't know"

"You don't know? You're a Christian Man, and don't know what's on the other side?"

The doctor was holding the handle of the door, on the other side came a sound of scratching and whining, and as he opened the door, a dog sprang into the room and leaped on him with an eager show of gladness. Turning to the patient, the doctor said, "Did you notice my dog? He's never been in this room before. He didn't know what was inside. He knew nothing except that his master was here, and when the door opened, he sprang in without fear. "

"I know little of what is on the other side of death, but I do know one thing... I know my Master is there and that is enough. "

**UPCOMING DATES TO REMEMBER**

**Office Hours Monday thru Friday 9:00 AM - 1:00 PM**

- Sunday Early Worship Service (8:00 AM) (will resume after Labor Day)
- Sunday Sunday School Classes for children 4 years old through 4th grade (during 9:30 am service)
- Sunday Adult Sunday School Classes (11:15 AM)
- Tuesday Prayer & Bible Study (11:00 AM) (now on summer break – will resume Sept 9, 2014)
- Alternate* Wednesdays Morning Praises (11:00AM) (now on summer break - will resume Sept 10, 2014)
- Alternate* Wednesdays Men's Fellowship Luncheon at the Nook, River Rd., Cinnaminson (12 noon)
- 3rd Thursday Service at the Baptist Home (9:00 AM)
- Thursday Choir Rehearsal (7:00 PM) (now on summer break)
- 2<sup>nd</sup> Saturday United Methodist Men's Bible Study Fellowship Hall (8:30 AM)
- 4<sup>th</sup> Saturday United Methodist Men's Breakfast-Jersey Diner, Rt. 130, Cinnaminson (8:30 AM)

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**Summertime**

- Sat 7/12 UMM Bible Study (8:30 AM)
- Sat 8/09 UMM Bible Study (8:30 AM)
- Mon 8/18 Vacation Bible School (through Friday 8/22)

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**Fall**

- Mon 9/08 Trustee's Meeting (7 PM)
- Tue 9/09 Tuesday Prayer & Bible Study (11:00 AM)
- Wed 9/10 Morning Praises (11:00 AM)
- Sat 9/13 UMM Bible Study (8:30 AM)
- Sat 9/27 UMM Yard Sale (8:00 AM – 1:00 PM)

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### Have you heard?

Reverend Pastor John Doll has once again been assigned to Cinnaminson Asbury United Methodist Church. This will be his 23<sup>rd</sup> year. We are so blessed to have Pastor John, Gwen, and their boys as part of our family.

*Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths. –*

*Proverb 3:5-6*

Asbury United Methodist Church  
2492 Andover Road  
Cinnaminson, NJ 08077-3511  
*ADDRESS CORRECTION REQUESTED*

FIRST CLASS MAIL

Lord, we are thankful for...